

29th Annual FIRECKER 5K RUN/WALK

July 4, 2022 at 8:00 A.M.

RACE SITE: HIGHLANDS HAMMOCK STATE PARK, 5931 Hammock Rd, Sebring, FL 33872

Make Checks Payable to: **Central Florida Striders** Mail entry form to: Central Florida Striders
E-mail questions: cbrojek@comcast.net 3310 Par Road
Call: 863-385-4736 Sebring, FL 33872

On-Line Registration is available at: <http://endurancesportstiming.com/race-calendar/>

PLEASE PRINT and complete FULLY *WAIVER MUST BE SIGNED *AGE DAY OF RACE MUST BE COMPLETED*

Last name _____ First name _____ Male Female

Address _____ Phone _____ Race Day Age _____ *

City _____ State _____ Zip Code _____

T-Shirt Size: Youth M Adult S Adult M Adult L Adult XL Adult 2XL Adult 3XL
Event Entered: 5K Run 5K Walk YOUR EMAIL _____

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED

In consideration of my entry being accepted, I intend to be legally bound, and do hereby for myself, my heirs, and executors waive all rights and claims for damages which may hereafter accrue to me against Central Florida Striders, Highlands Hammock State Park, CFS Timing, Inc., or any of its respective officers, race officials, sponsors, or agents from all claims or liabilities of my participation in this event even though that liability may arise out of the negligence on the part of any person named in this waiver. If I should suffer an injury or illness, I authorize the officials of the race to have me transported to a medical facility, and I take full responsibility for this action. I attest and verify that I am physically fit to participate in this event. I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.

* Participants Signature (Parent/Guardian If Under Age 18): _____ *

Entry Fee: \$20.00 thru June 27. Add \$2 to entry fee for t-shirt sizes 2XL or 3XL

Location: Highlands Hammock State Park

\$25.00 Postmark after June 27 and Race day (Shirts if Available)

\$13.00 SPECIAL KIDS RATE-11 & UNDER (NO SHIRT AT THIS COST)

Age Groups (M & F):	8 & Under	9-11	12-15	16-19	20-24	25-29
	30-34	35-39	40-44	45-49	50-54	55-59
	60-64	65-69	70 -74	75-79	80 & over	

PLEASE REGISTER EARLY AS WE EXPECT A LARGE FIELD AGAIN THIS YEAR-Over 300!

Shirt sizes guaranteed to pre-registered by 6/27 only!

After 6/27 NO Additional Shirts will be ordered!